

## Cost of Living Support

### All Ages

<b>Cheshire East Council Cost of Living Support</b>	Help with food, energy costs and keeping warm, broadband, mobile data and online savings, money and debt support and more.	<a href="#">Cost of living support</a>  Search for 'cost of living support Cheshire east'
<b>Cheshire East Council Benefits</b>	Information on Council Tax Support, free school meals, housing benefit, Adult Social Care funding, help with heating your home and more.	<a href="#">Benefits</a>  Search for 'Cheshire East Council Benefits'
<b>Household Support Fund (HSF)</b>	The grant provides crisis support to financially vulnerable households most in need. The fund is also available to support those adults and families who are struggling to afford household basics including food, energy, and wider essentials.	<a href="#">Household Support Fund</a>  Search for 'Cheshire East Council Household Support Fund'
<b>DWP</b>	For more information about what benefits you are entitled to, how to apply etc., please visit the DWP website. This includes Universal Credit, Winter Fuel Payments, support for families, unemployed, those on low incomes and more	<a href="#">Benefits - GOV.UK</a>  Search for 'DWP Benefits'
<b>Benefit Calculators</b>	For information on income-related benefits, contribution-based benefits, Universal Credit, tax credits, Council Tax Reduction and Carer's Allowance please use these links	<a href="https://www.betteroffcalculator.co.uk/login">https://www.betteroffcalculator.co.uk/login</a>  <a href="#">Benefits Calculator - entitledto - independent   accurate   reliable</a>  <a href="https://www.entitledto.co.uk/?utm_source=BAdviser&amp;utm_medium=referral&amp;utm_campaign=GovUK">Turn2us Benefits Calculatorhttps://www.entitledto.co.uk/?utm_source=BAdviser&amp;utm_medium=referral&amp;utm_campaign=GovUK</a>  Search for 'Benefits Calculators UK'

<p><b>Citizens Advice</b></p>	<p>Citizens Advice Services in Cheshire East deliver the Universal Information and Advice Service for people living and working in Cheshire East.</p> <p>Our volunteers, provide free, impartial, independent and confidential advice on most issues from employment, benefits, housing and debt.</p> <p><b>Adviceline</b> - Freephone: 0808 812 6186 Open Monday to Thursday from 9.30am to 4pm and Friday 9.30am - 1pm.</p> <p><b>24/7 Self-help Advice</b> - Please visit Citizens Advice National for online advice.</p>	<p><a href="http://www.citizensadvice.org.uk">www.citizensadvice.org.uk</a></p> <p>Search for 'Citizens Advice Cheshire East'</p>
<p><b>Utilities Support</b></p>	<p>United Utilities has support schemes that can help people struggling to pay their bills, information on how to save on water bills and more.</p>	<p><a href="#">Help and Support   United Utilities</a></p> <p>Search for 'United Utilities support'</p>
<p><b>Cheshire Green Doctor</b></p>	<p>The 'Green Doctor' programme is a free service which helps people living in their own property; or renting from a private landlord, possibly suffering from Fuel Poverty and struggling at finding ways out of it.</p> <p>They can provide support to: -</p> <p>Find a cheaper energy deal, access any grant funding, applying to hardship funds for energy/water debt.</p> <p>Provide free energy saving lightbulbs, radiator reflector foils and draught proofing items.</p> <p>Provide advice on private landlords responsibilities, smart meters, damp and condensation, Carbon Monoxide and the Priority Services Register.</p>	<p><b>Telephone:</b> 0330 1740 863</p> <p><b>Email:</b> <a href="mailto:greendoctor.clm@groundwork.org.uk">greendoctor.clm@groundwork.org.uk</a></p> <p><a href="#">Energy and heating support from Groundwork CLM - Groundwork</a></p> <p>Search for 'Groundwork CLM heating'</p>
<p><b>Cheshire East Food Alliance Food Map</b></p>	<p>Please click on the link for the Food Map which shows locations of foodbanks, social supermarkets, pantries and community cafes across Cheshire East.</p>	<p><a href="#">Cheshire East Food Alliance   CVS Cheshire East</a></p> <p>Search for 'Cheshire East food map cvs'</p>
<p><b>Plus Dane</b></p>	<p>Plus Dane can support their customers with:</p> <ul style="list-style-type: none"> <li>• Emergency assistance with food, energy vouchers, and essential household items for customers in hardship.</li> <li>• Specialist 1-2-1 support to help customers save on different types of household bills</li> </ul>	<p><a href="#">Supporting you - Plus Dane Housing</a></p> <p>Search for 'Plus Dane supporting you'</p>

	<ul style="list-style-type: none"> <li>Wellbeing First service at Plus Dane helps customers to take control and make them feel better.</li> <li>1-2-1 support available to customers who are interested in working, preparing for their career or would like to upskill.</li> </ul> <p>Referrals can be sent to <a href="mailto:Engagement&amp;Partnerships@plusdane.co.uk">Engagement&amp;Partnerships@plusdane.co.uk</a></p>	
<b>West Cheshire Credit Union</b>	Provide safe and affordable financial services to all members of the local community and particularly to those who are unable to access main stream products, including savings accounts and loans.	<p><a href="#">About West Cheshire Credit Union   West Cheshire Credit Union</a></p> <p>Search for 'West Cheshire credit union'</p>

## Families

<b>Holiday Activities and Food Programme (HAF)</b>	<p>The programme enables children and young people who live in Cheshire East and/or attend a Cheshire East school who are in receipt of income/benefits-related free school meals to attend free activities during the main school Easter, summer and winter/Christmas holidays, where nutritional food is also provided.</p> <p>If you are not in receipt of income/benefit related free school meals, limited funding is available to support children and young people who, as result of other circumstances or vulnerabilities, would benefit from attending this programme.</p>	<p>Please visit <a href="#">Cheshire East HAF programme booking page</a> to view all the activities available.</p> <p>Search for 'Cheshire East HAF'</p>
<b>Healthy Start Voucher Scheme</b>	<p>If you're more than 10 weeks pregnant or have a child under 4, you may be entitled to get help to buy healthy food and milk.</p> <p>If you're eligible, you'll be sent a Healthy Start card with money on it that you can use in some UK shops. We'll add your benefit onto this card every 4 weeks, which can be used to buy:</p> <p>plain liquid cow's milk; fresh, frozen, and tinned fruit and vegetables; fresh, dried, and tinned pulses infant formula milk based on cow's milk</p>	<p>To know if you qualify and where to find your nearest participating retailer please go to the Healthy Start website</p> <p><a href="#">Get help to buy food and milk (Healthy Start)</a></p> <p>Search for 'Healthy Start NHS'</p>

